



Linköping
Where ideas come to life



PRIME training program

Social inclusion among young migrants and established Swedes/Latvians

01

STARTING UP

Recruiting participants

Individual plan

Mapping needs

Recruiting mentors

Matching mentors and beneficiaries

SUPPORT

02

ACTIVE PHASE
(optional content)

Formal

Language training

Self employment

Cultural integration

Sports activities

Arts/creative

Work experience

Excursion/ Study visits

Preparation to labour the market

Informal

CONFIDENCE BUILDING

03

FINAL PHASE

Mapping forms

Follow-up individual plan

Evaluation form for mentors and beneficiaries

Focus group discussions

Key lessons

- Needs of a specific target group
- Personalized / tailored program
- Interactive / co-creation design
- Critical role of mentors (three well-functioning different types)
- Common activities / planning support
- Flexible menu of options for beneficiary activities
- Informal / formal methodology depend on target group / individuals
- Finance support for mentors
- Balance cultural / social labour market interaction
- Exit / next step guidance
- Mainstreaming challenges
- Measuring integration is a problem



Facts about PRIME

- Sustainable cross border network created
- Mapping of the needs / barriers / gaps faced by young migrants in a baseline study
- 1 Joint Young Migrants Training Programme developed with a range of options
- Piloting of the programme with 29 young migrants in Sweden and 40 young migrants in Latvia
- More than 10 times of training and mentoring with 28 mentors in Sweden. In Latvia 30 mentors were recruited and 719 hours provided

Any questions or reflections about PRIME?

Please contact:

Johanna Palmstierna, project manager in Sweden
johanna.palmstierna@linkoping.se
linkoping.se/utforarwebben/vard-stod-och-omsorg/
forskning-och-utveckling/pagaende-projekt/prime/

Sanita Putniņa, project manager in Latvia
putnina.sanita@gmail.com
creativeideas.lv

In collaboration with:

